

MANASLU CIRCUIT (Nepal)



Duration: 28 days

Level: Moderate to challenging

Accommodation: Tents and 4 nights in hotels

The impressive circuit around the Manaslu Massif will appeal to the adventurous trekker. The peaks of the Ganesh range loom high above the rice paddies as we commence our trek from the historic capital of Gorkha. We pass scattered Gurung villages before entering the rugged gorges that divide the Manaslu and Ganesh ranges. Huge waterfalls, bamboo and pine forests characterise the route. Beyond the gorges we gain uninterrupted views of Manaslu, while the whitewashed Chortens and secluded monasteries reflect the region's ancient Buddhist heritage.

The traverse of the Laky La (5153 metres) is one of the most dramatic in the Himalaya with unparalleled views of Manaslu, Himlung Himal and Annapurna II. From the pass it is a steep descent to the Marsyandi Valley and the well-defined trails around Annapurna that lead to Pokhara and our flight back to Kathmandu.

Day 1 Arrive in Kathmandu

Day 2 In Kathmandu

Day 3 Drive to Gorkha

Day 4 Commence trek

Day 26 Fly Pokhara to Kathmandu

Day 27 In Kathmandu

Day 28 Return home