

MILAM GLACIER TREK



Milam is probably the largest glacier of the region and lies in the eastern region of the Kumaon Himalaya at an altitude of about 4267 metres. One of the largest villages in the Kumaon called Milam is situated a few kilometres before the glacier. Traditional folklore and handicrafts thrive in the entire region. As we trek to the upper end of the Markha Valley we are rewarded with spectacular views of jagged snow capped peaks before crossing the 4955M Gongmarlu Pass and descending to the famous Hemis monastery, where we end our trek.

Duration: 14 day trek

Season: May to November

Minimum 4 pax

Day 1 Leave Delhi for Kathgodam on the overnight train.

Day 2 Kathgodam to Almora by car. Overnight stay at TRC/ Shikhar Hotel.

Day 3 Almora to Munshiari by jeep.

Day 4 Munshiari to Lilam – trek.

Day 5 Lilam to Bugdyar - trek.

Day 6 Bugdyar to Martoli – trek.

Day 7 Martoli to Milam – trek.

Day 8 Milam to Glacier to Martoli – trek.

Day 9 Martoli to Bugdyar– trek.

Day 10 Bugdyar to Lilam – trek.

Day 11 Lilam to Munshiari – trek.

Day 12 Munshiari to Jageshwar/Almora by jeep.

Day 13 Jageshwar/Almora to Kathgodam by car. Overnight train to Delhi.

Day 14 Delhi.